From: Angela Brown <angela@companyzero.com>

Subject: I Support the Proposed Rule Change for 36 CFR 4.30

Date: December 27, 2008 7:22:25 PM MST

To: npsrule@imba.com

Reply-To: Angela Brown <angela@companyzero.com>

Dec 27, 2008

National Park Service

Dear Park Service.

Thank you for accepting my comments concerning RIN 1024-AD72, the National Park Service rule change for bicycling. I fully support the proposed rule.

I am blessed to be in touch with a network of women in Tennessee who have chosen to take control of their health by running, swimming and cycling. Many enter competitions, but the majority are recreational athletes. Those who choose cycling usually do because of a past injury that prohibits them from engaging in high-impact activities. Mountain biking is an important part of a healthy lifestyle for these ladies. I am pleased with the possibility of more trails, especially in the Nashville, TN area. Many of the ladies I know have to drive outside of Davidson to visit a trail and bike. I'm lucky to live close to a trail maintained by my cycling club. The members, including myself, invest countless hours in maintenance on this trail. I know that similar trails encouraged by this proposed rule change would find similar

advocates in the mountain biking enthusiasts in Davidson County and the surrounding areas.

Thank you for considering my comment. Bicycling is a wonderful way to explore our national parks and I hope the proposed rule change will be implemented.

Sincerely,

Mrs. Angela Brown 806 Walker St Columbia, TN 38401-3129